



**Saturday, September 6**  
**10 a.m. – 3 p.m.**  
**West Charleston Library**  
**6301 W. Charleston Blvd.**

---

Join us for "Jump Into Health @ Your Library," a community health fair featuring:

- ♦ Speakers on Diabetes
- ♦ Free childhood immunizations
- ♦ Free blood pressure checkups
- ♦ Health information from community organizations
- ♦ Healthy food demonstrations
- ♦ Activities for children and adults
- ♦ Dancing and exercise performances

This program is funded by a grant from the National Institutes of Health, National Center for Research Resources, through the American Association for the Advancement of Science.

