

ANNE ARUNDEL COUNTY PUBLIC LIBRARY

DIABETES

A SELECTED BOOKLIST

- 616.462 O 101 tips for coping with diabetes by Richard R. Rubin. American Diabetes Association 2003.**
- 616.462 O 101 tips for behavior change in diabetes education by Robert M. Anderson. American Diabetes Association 2002.**
- ON ORDER 101 tips for diabetes self-management education by Martha Mitchell Funnell, ed. American Diabetes Association 2002.**
- 616.462 P American Dietetic Association guide to eating right when you have diabetes by Margaret A. Powers. John Wiley & Sons 2003.**
- 616.462 A American Diabetes Association complete guide to diabetes. McGraw-Hill 2002.**
- R 616.462 A American Diabetes Association's guide to medical nutrition therapy for diabetes by Marion J. Franz, ed. American Diabetes Association 1999.**
- 616.462 H Black health library guide to diabetes: vital health information for African-Americans by Walter Lester Henry. Kensington Pub. Corp. 1999.**
- 613.0423 R Black man's guide to good health: essential advice for African-American men and their families by James Reed. Hilton Publishers 2000.**
- 616.462 D Diabetes: the science inside. American Association for the Advancement of Science 2003.**
- 641.56314 F Diabetic cooking for Latinos (in Spanish and English) by Olga V. Fuste. McGraw-Hill 2002.**
- Y 616.462 L Getting a grip on diabetes: quick tips & techniques for kids and teens by Spike Nasmyth Loy, ed. American Diabetes Association 2000.**
- 641.563 M Month of meals : classic cooking : quick & easy menus for people with diabetes. American Diabetes Association 2002.**

641.5638 L Patti Labelle's lite cuisine: over 100 dishes with to-die-for taste made with to-live-for recipes by Pattie Labelle. Gotham Books 2003.

613.25 W Slim-down sister: the African-American woman's guide to healthy permanent weight loss by Roneice Weaver. Dutton 2000.

641.56314 M Soul food selections: quick & easy menus for people with diabetes by Roniece Weaver. American Diabetes Association 2003.

616.46213 B Type 2 diabetes in teens: secrets for success by Jean Betschart-Roemer. John Wiley & Sons 2002.

DVDS

DVD 613.7176 M Miracle mile walk with Leslie Sansone. (DVD) Peter Pan Industries 2002.

DVD 613.7176 T Two mile walk by Leslie Sansone. (DVD) Peter Pan Industries 2002.

DVD 613.7176 W Weight loss walk by Leslie Sansone. (DVD) Peter Pan Industries 2002.

Look for other DVDS or VIDEOS in the 613.7176 call number.

ELECTRONIC DATABASES

"Health and Wellness Resource Center." Gale Group. Accessible from the library or from home using your library card number. Go to www.aacpl.net. Click on Electronic Databases. Select Health.

SEARCH THE WEB - RECOMMENDED SITES

Check the "Health and Medicine" category of Recommended Sites from www.aacpl.net.

The books and DVDS on this list primarily represent titles ordered through funding provided by a grant from the National Institutes of Health, National Center for Research Resources through the American Association for the Advancement of Science.

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