



Web Resources about Diabetes



The Central Rappahannock Regional Library
points to the best diabetes resources on the Web

@ AnswerPoint.org

Web Library: Health>Specific Medical Conditions>Diabetes



American Diabetes Association

www.diabetes.org/

Try the Diabetes Information Section for knowledge of risks of contracting, medical treatment and recommended nutrition and exercise. Diabetes in the News has articles on current research.

Children with Diabetes

www.childrenwithdiabetes.com/index_cwd.htm

Designed as a support for children with diabetes and their families as well as adult diabetics, this non-affiliated site gives excellent information on the management of diabetes and reviews products to aid in its care. Try the Nutrition section for tips and recipes. Includes chat room and message board. Web site can be searched.

Diabetes Public Health Resource

www.cdc.gov/diabetes/

Created by: National Center for Chronic Disease Prevention and Health Promotion

Diabetes FAQs, news and information, publications and fact sheets, links to state-based programs on diabetes, and statistics.



Diabetes Recipe and Meal Planner Guide

ndep.nih.gov/get-info/recipe/en_intro.htm

Created by: National Diabetes Education Program

Learn about the diabetes food pyramid, how to determine serving sizes and create healthy meals, and view a sample daily menu. Also in Spanish.

Diabetic Gourmet Magazine

gourmetconnection.com/diabetic/

So many recipes! Appetizers, Breads, Salads, Sandwiches and Wraps, Desserts, Regional and Ethnic Cuisine! Plus much more: look for the Diabetic Book Review, Gourmet Shopping, Guest Columnist, and news.

FDA Diabetes Information

www.fda.gov/diabetes/

Created by: U.S. Food and Drug Administration

Diabetes management products information (glucose meters, insulin pumps, diabetes medicines, etc.), food and meal planning, new diabetes findings and current care news.

National Diabetes Information Clearinghouse

www.niddk.nih.gov/health/diabetes/ndic.htm

Created by: National Institute of Diabetes & Digestive & Kidney Diseases

The NDIC will respond to inquiries about diabetes information by phone, fax, mail and e-mail. There are also numerous booklets and brochures available here online.


NIDDK Diabetes

www.niddk.nih.gov/health/diabetes/diabetes.htm

Created by: National Institute of Diabetes & Digestive & Kidney Diseases

Quick links to easy-to-read information on many diabetes topics, such as complications, diet, foot care, eye diseases, renal failure, and clinical trials. Check out the Diabetes Dictionary. Many publications available online in Spanish.




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